

C-2532

Sub. Code

97011

P.G. DIPLOMA EXAMINATION, APRIL 2022

Non - Semester

School Counselling

UNDERSTANDING SCHOOL ECOSYSTEM

(2016 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define School
2. What do you mean by stakeholders?
3. Write note on Academic Performance.
4. Define the concept of Right.
5. Give an account on Positive Discipline.
6. Mention any two rights of children.
7. List any two friendly practices of school.
8. What is school Environment?
9. Define Education.
10. Comment on child friendly school.

Part B**(5 × 5 = 25)**Answer **all** questions.

11. (a) Describe the role and importance of school.

Or

- (b) Bring out the challenges involved in the participation of stake holders.

12. (a) Explain the strategies to enhance academic performance.

Or

- (b) Briefly explain the roles and functions of the association in schools.

13. (a) Discuss the challenges in implementing the Act.2009.

Or

- (b) 'Write in detail the protection of the rights of children'.

14. (a) Discuss the challenges in Education.

Or

- (b) Write the challenges involved in Right to Education.

15. (a) Write a note on :

- (i) Rights violation
- (ii) Rights of UNCRC

Or

- (b) Enumerate the issues relating to discipline.

Part C**(3 × 10 = 30)**Answer **all** questions.

16. (a) 'School as a System'-Justify you answer.

Or

- (b) Explain the salient features and objectives of RTE.

17. (a) Discuss the role of PTA and its challenges.

Or

- (b) Describe the types of stakeholders and explain their roles.

18. (a) Explain the measurement and challenges in school performance.

Or

- (b) Discuss the importance and building blocks of positive discipline.

C-2533

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97012

P.G. DIPLOMA EXAMINATION, APRIL 2022

Non-Semester

School Counselling

BASICS OF HUMAN BEHAVIOUR

(2016 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define the basic structure of human brain.
2. What is behaviour?
3. What do you mean by prejudice?
4. What are emotions?
5. Write short note on aggression.
6. Define extrovert.
7. What is meant by learning?
8. List the types of personality.
9. Who is a reticent person?
10. State the prosocial characteristics.

Part B**(5 × 5 = 25)**Answer **all** questions.

11. (a) Describe the functions of human brain.
- Or
- (b) Explain briefly the foundations of prejudice.
12. (a) Explain in detail the types of emotions.
- Or
- (b) Enumerate the approaches to motivation.
13. (a) Describe the classical conditioning of learning.
- Or
- (b) How will you manage your emotions? Explain.
14. (a) List the characteristics of Type A and Type B personality.
- Or
- (b) Explain Beck's cognitive Traid.
15. (a) Briefly explain the biological approaches to personality.
- Or
- (b) Explain the drive reduction in motivation.

Part C**(3 × 10 = 30)**Answer **all** questions.

16. (a) Explain the anatomy of human brain.
- Or
- (b) Describe the prosocial behaviour of human in hurting and helping others.

17. (a) Explain the methods of measuring personality.

Or

(b) Write briefly the principles and practices of social modelling.

18. (a) Explain the cognition theory of motivation.

Or

(b) Discuss the strategies to develop the personality.

C-2534

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97013

P.G. DIPLOMA EXAMINATION, APRIL 2022

Non-Semester

School Counselling

INTRODUCTION TO MENTAL HEALTH

(2016 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Write any two importance of Mental Health.
2. Define Normality.
3. What are the risk assessment factors?
4. Write the promoters of resilience.
5. Write down the religious practices in mental health.
6. What do you mean by positive mental health?
7. Define the term mental Well-being.
8. Define poverty.
9. Write the stressors of life.
10. List the different types of determinants.

Part B**(5 × 5 = 25)**

Answer **all** questions, choosing either (a) or (b).

11. (a) What is abnormality and write in detail about the psychosocial determinant.

Or

- (b) Write a brief account the concept of Mind.

12. (a) Explain the habits that promote mental health.

Or

- (b) What is resilience? How will you promote resilience?

13. (a) Discuss the role of religion in mental health.

Or

- (b) Explain the concept Mental Health.

14. (a) Discuss the impact of poverty on mental health.

Or

- (b) What are stressors? Write a brief note on the stress reaction.

15. (a) Describe the types of mental health problem.

Or

- (b) Discuss the objectives of mental health.

Part C $(3 \times 10 = 30)$ Answer **all** questions.

16. (a) Explain briefly the assessment and protective factors of resilience.

Or

- (b) Discuss the physiological correlates of mental Well-being.

17. (a) Discuss the impact of religious practices on mental health.

Or

- (b) Explain the physical and spiritual determinants of mental health.

18. (a) Discuss the strategies to reduce academic stress.

Or

- (b) Explain the strategies to promote mental health problems.

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97014

P.G. DIPLOMA EXAMINATION, APRIL 2022

Non Semester

School Counselling

**MENTAL HEALTH PROBLEMS OF CHILDREN AND
ADOLESCENCE**

(2016 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What is mental health?
2. Write about the burden of mental disorders.
3. List the causes for learning disorders.
4. What is pervasive Development Disorder?
5. Enumerate the role of family in the development of adolescents.
6. What is substance use disorders?
7. Write note on suicide.
8. Define Anxiety.
9. What is organic enuresis?
10. Write the role of counsellor in school health programme.

Part B**(5 × 5 = 25)**

Answer **all** questions, choosing either (a) or (b).

11. (a) Explain the Myths regarding mental disorders.

Or

- (b) Discuss the development tasks in childhood.

12. (a) Describe the etiology of mental disorders.

Or

- (b) Briefly explain the concept of Mental Retardation

13. (a) Discuss the role of peers in the life of Adolescents.

Or

- (b) Explain the developmental challenges in period of Adolescence.

14. (a) Write briefly about the causes of Depression.

Or

- (b) Discuss the types of personality disorder.

15. (a) List out the roles of stake holders in the implementation of school Health programmes.

Or

- (b) Discuss the process of school health programme.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Describe the major types of mental disorders.

Or

- (b) Explain the physical, social and psychological hazards of childhood.

17. (a) Adolescence as a period of change and stress-
Explain.

Or

- (b) Discuss the etiology, Diagnosis and management of Eating disorder and somatoform disorder.

18. (a) Explain the objectives and challenges of the school health programmes.

Or

- (b) Explain in detail about the emotional and behavioural disorders.

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97015

P.G. DIPLOMA EXAMINATION, APRIL 2022

Non-Semester

School Counselling

FUNDAMENTALS OF COUNSELLING

(2016 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define functional behaviour.
2. What is counselling?
3. List the drivers of behaviour.
4. Write the objectives of counselling.
5. What is empathy?
6. What is therapeutic relationship?
7. List the characteristics of a counsellor.
8. Give an account on evaluation response.
9. Give the attributes of an effective counsellor.
10. Write a short note on decision making skill.

Part B**(5 × 5 = 25)**Answer **all** questions.

11. (a) Explain in detail the concept of behaviour.

Or

- (b) Discuss the relation between thoughts, feelings and behaviour.

12. (a) Explain the need for counselling.

Or

- (b) Differentiate between Advice and Counselling.

13. (a) Briefly explain the relationship pyramid in counselling.

Or

- (b) Discuss the importance of therapeutic relationship.

14. (a) List down the responsibilities of counsellor and counsellee in each phase.

Or

- (b) Discuss the counselling responses in counselling process.

15. (a) Write in detail the ethical perspectives in counselling.

Or

- (b) Bring out the significance of communication in counselling.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Discuss the dysfunctional behaviours and the treatment of dysfunctional behaviour.

Or

- (b) Explain the approaches in counselling.
17. (a) Discuss the conditions that facilitate therapeutic relationship.

Or

- (b) Explain in detail the various phases involved in counselling process.
18. (a) Describe the skills required for counsellor for effective counselling.

Or

- (b) Discuss the factors influencing the outcome of the counselling.
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C-2537

Sub. Code

97016

P.G DIPLOMA EXAMINATION, APRIL 2022

Non- Semester

School Counselling

EDUCATIONAL PSYCHOLOGY

(2016 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What do you mean by Psychodynamics ?
2. Define –Meta Cognition
3. What do you mean by Leadership?
4. Write a short note on mental Hygiene.
5. Define Social Learning
6. What is distraction?
7. What do you mean by humanistic approaches?
8. Write the meaning of Educational Psychology.
9. What is aggression.
10. Define Management.

Part B**(5 × 5 = 25)**Answer **all** questions, choosing either (a) or (b).

11. (a) Explain the scope of Educational Psychology.

Or

- (b) Discuss the cognitive school of psychology.

12. (a) Describe the Gagne's Active learning approach.

Or

- (b) How will you promote co-operatives Learning and achievement of students in classroom?

13. (a) Discuss the any one approach in Managing classroom Behaviour.

Or

- (b) Describe social Constructivism of vygotsky.

14. (a) How is psychology helps in Teaching process.

Or

- (b) Enumerate the amendments of behavioral problems.

15. (a) Describe about conflict Resolution.

Or

- (b) Write an detailed account on Group dynamics.

Part C**(3 × 10 = 30)**Answer **all** questions.

16. (a) Write short note on
-
- (i) Hummanistic Psychology.
-
- (ii) Behaviouristic Psychology

Or

- (b) Discuss the contribution of Educational psychology to the Teaching process.

17. (a) Describe the theory cooperative Learning.

Or

(b) How will you analyze the interpersonal problems of your students?

18. (a) Give a detailed account on active learning of Jerome Bruner.

Or

(b) Explain the events which leads to Behaviour problems in students.
